

Body

I know myself as Fran. Everyone else knows me as Fran, physical Fran. I know myself as born of parents, physical parents. What I haven't realised is that really and truly I exist on this planet because I come from God. I am God's offspring, out "of God" and so were my parents, ancestors, everyone is God's offspring, out of God.

What is God? He is Spirit. He is unseen - non-physical. He is Love and "in Him we live and move and have our being" (Acts 17:28).

If God is Spirit then I must be Spirit. I and everyone is Spirit. We are unseen and non-physical but also it can't be denied that we are seen as physical too.

How come I've only known myself as physical Fran and everyone else for that matter?

Spirit has a physical state, like steam has a physical state called ice. So I, physical Fran, is a physical state of Spirit, of Love. But why is my body cracking up? Why is there a steady loss of sight, hearing and strength. Why accidents, pain, lack, struggle, lack of love and sadness?

The Bible tells me there is "the Spirit of Truth" and "the spirit of error".

[1Jo 4:6 KJV] We are (*out*) of God: he that knoweth God heareth us; he that is not (*out*) of God heareth (*understands*) not us. Hereby know we the spirit of truth, and the spirit of error.

So it seems "we are of God" all of us but we don't all know it. In fact hardly anyone knows it. Because all we know is the physical we are unable to understand the expression of Spirit.

"The spirit of truth" - is the Spirit of God, Love, Holiness (unseen) - but is also the Spirit of God physically, in the flesh as it were (the seen), because there is no separation, only a different state, like steam and ice.

What is meant by "the spirit of error"? Error implies a mistake, a misunderstanding. Could it be that as we are all out of God, and God is Love, that there is a misunderstanding of our origin, our true identity? That the physical Fran I have known myself to be is a case of mistaken identity? A seen reflection of Spirit, yes, but a misunderstanding of that Spirit?

If we have all this time been assuming an existence of hardship, when actually the "heaven" that Jesus talks about, is harmonious living here and now, it is "error" indeed!

This physical Fran I know myself to be is a state of Spirit but the unseen Spirit IS the seen physical Fran... Okay, I'm slowly getting it...

The unseen Spirit of God IS all there is of everyone. The physical Fran is the non-physical Father, Spirit of God but seen. It's not me living it's God living me. God is rather living physical Fran and every other person. In John 14:9 Jesus said the same thing to Philip, "if you have seen me then you have seen the Father", when Philip asked to see the Father.

Like an ice sculpture melts away into nothing but a puddle, physical Fran is dissolved from "the spirit or error" body and remade into "the spirit of truth" body that He, the Spirit of God can now put His name to - the "one **Lord**" and the "one **body**" born of the "one **faith**" in the "one **Spirit**".

It brings a whole new meaning to being "born again" which has for so long been misunderstood. By the knowledge of our true origin, our true identity we are born into, or kind of immersed into the one baptism, the one body, the one Lord, the one person, the one Son, becoming "sons of God".

[Eph 4:4,5,6 KJV] [There is] one **body**, and one **Spirit**, even as ye are called in one hope of your calling; 5 One **Lord**, one **faith**, one **baptism**, 6 One God and Father of all, who [is] above all, and through all, and in you all.

"The spirit of error" is the dark ignorance that hid the light, the knowledge, of "the spirit of truth" but now it shines through the gloom to reveal God's glory.

[2Co 4:6 KJV] For God, who commanded the light to shine out of darkness, hath shined in our hearts, to [give] the light of the knowledge of the glory of God in the face (*person*) of Jesus Christ.